

# 2015

## SUMMER SESSION JUNIOR DEVELOPMENT



### SESSION DATES

#### SUMMER I SESSION

6 Weeks

Monday, June 1st – Sunday, July 12th

(No class on July 4th)

#### SUMMER II SESSION

5 Weeks

Monday, July 13th – Sunday, August 16th

### LEVEL 7 TENNIS TOTS (RED FOAM BALLS) AGES 4 -6

Your child's first experience on a tennis court. This is an informal environment that establishes a foundation for gross motor skill development.

Tuesday 9:00 am – 10:00 am

Wednesday 8:00 am – 9:00 am

Thursday 4:00 pm – 5:00 pm

Saturday 12:00 pm – 1:00 pm

### LEVEL 6 ADVANCED TOTS (RED FELT BALLS) AGES 4 – 6

The program focuses on coordination training, movement and balance skills, as well as sending and receiving skills. Games are an important part of the program and the children will be exposed to games that are both fun and tennis related.

Tuesday 9:00 am – 10:00 am

Wednesday 8:00 am – 9:00 am

Thursday 4:00 pm – 5:00 pm

Saturday 12:00 pm – 1:00 pm

### LEVEL 5 ROOKIES (RED FELT BALLS) AGES 7 – 8

A program of movement, balance, coordinated and motor skill development with a focus on self and partner rallying skills on the 36' court. The children will learn how to initiate a rally, how to move and judge a ball (reception and centering skills), how to control the racquet at the contact point and control the height, direction and depth that will be the foundation of their future tennis development.

Monday 4:00 pm – 5:00 pm

Friday 4:00 pm – 5:00 pm

Wednesday 9:00 am – 10:00 am

Saturday 2:00 pm – 3:00 pm

Wednesday 4:00 pm – 5:00 pm

Sunday 10:00 am – 11:00 am

### LEVEL 4 ADVANCED ROOKIES (ORANGE BALLS) AGES 9 – 10

Children will continue to learn the skills of the 60' court. By the end of this program, a child should be able to play Quickstart Tennis. The children will learn how to move effectively so as to insure good position and balance for each shot.

Monday 4:30 pm – 6:00 pm

Friday 4:00 pm – 5:30 pm

Wednesday 9:00 am – 10:00 am

Saturday 2:00 pm – 3:00 pm

Wednesday 4:00 pm – 5:00 pm

Sunday 11:00 am – 12:00 pm

### LEVEL 3 SMASHERS (ORANGE OR GREEN BALLS) AGES 11 – 13

Children will learn the basics of tactical play from the 60' court for both singles and doubles. Swing rhythm on the forehands and backhands will be emphasized, and children will learn how to differentiate between a volley action and a ground stroke action.

Monday 11:00 am – 12:30 pm (green)

Saturday 12:00 pm – 1:00 pm

Tuesday 4:00 pm – 5:00 pm

Sunday 12:00 pm – 1:00 pm

Thursday 5:00 pm – 6:30 pm (green)

### LEVEL 2 HITTERS (GREEN AND YELLOW BALLS) AGES 14 -17

Concepts of offense/defense will be introduced in both singles and doubles. A variety of adaptive skills will be trained using dead ball drills, live ball drills and competitive play situations in all areas of the court.

Monday 4:00 pm – 5:30 pm

Saturday 3:00 pm – 4:30 pm

Wednesday 4:30 pm – 6:00 pm

### LEVEL 3, 3+ HOT SHOTS (ORANGE OR GREEN BALLS)

Concepts of offense/defense will be introduced in both singles and doubles. Ball control exercises that enhance consistency, direction, depth and spin will be stressed. A variety of adaptive skills will be trained using dead ball drills, live ball drills, and competitive play situations in all areas of the court.

Monday 10:00 am – 12:00 pm (Genesis – green)

Saturday 10:00 am – 12:00 pm (Genesis orange & green)

Tuesday 2:00 pm – 4:00 pm (Genesis)

Sunday 11:00 am – 1:00 pm (Genesis)

Thursday 9:00 am – 11:00 am (JCC orange & green)

# 2015

## JUNIOR DEVELOPMENT



### FEES

#### MEMBERS

\$20.50 per 1 hour class  
\$30.75 per 1 ½ hour class  
\$41.00 per 2 hour class

#### NON-MEMBERS

\$26.00 per 1 hour class  
\$39.00 per 1 ½ hour class  
\$52.00 per 2 hour class

(PLEASE CHECK SESSION – You must sign up for a full session)

Summer I / 6 weeks

#### MEMBERS

1 hour – \$123.00  
1 ½ hour – \$184.50  
2 hour - \$246.00

Summer I / 6 weeks

#### NON-MEMBERS

1 hour – \$156.00  
1 ½ hour – \$234.00  
2 hour - \$312.00

Summer II / 5 weeks

#### MEMBERS

1 hour – \$102.50  
1 ½ hour – \$153.75  
2 hour - \$205.00

Summer II / 5 weeks

#### NON-MEMBERS

1 hour – \$130.00  
1 ½ hour – \$195.00  
2 hour – 260.00

Full payment must accompany registration form.

Charge my:  Visa  MasterCard  AMEX  Discover  House Account

Account # \_\_\_\_\_ Exp. \_\_\_\_\_

Enclosed class fee(s) \$ \_\_\_\_\_ (Checks payable to Genesis Health Clubs)

Level \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

Student's Name \_\_\_\_\_ Birthday \_\_\_\_\_

School \_\_\_\_\_

Parent's Name \_\_\_\_\_ Parent's Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Daytime Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

### Payment, membership requirement, enrollment, refund and make-up policies:

1. Full payment must be included with the registration form. A student enrolling after the start of a session who is unable to make-up missed classes will be charged a pro-rated fee for the remainder of the session.
2. Non-members may take one session of classes (one day per week). Membership is required upon completion of one full session.
3. Fee is non-refundable except as follows:
  - For medical disabilities, a pro-rated refund/credit shall be given from the date the refund is requested when accompanied by a doctor's statement explaining the nature of the disability or injury and duration.
  - A participant shall be given a pro-rated refund/credit should a class be cancelled after the start of the session.
  - A student who does not meet the skill level requirements will be asked to change to a compatible class or will be issued a pro-rated refund or credit.
  - If any class is cancelled, Genesis shall make every effort to reschedule the class on a date agreeable to all students. If the class cannot be rescheduled, each participant shall be given a refund or credit for the cancelled class.
  - Only the Directors of Tennis Program may approve lesson refunds, credits or pro-rated fees.
4. There is a minimum and maximum enrollment for each class.
5. A student is allowed to make-up one class per current session. To assure your class make-up, please provide five days advance notice. To request a make-up, please contact the Director of Junior Development, Michael Von Vogt. Make-ups are not offered in the first week of a session. Make-ups do not carry over to the next session. If you schedule a make-up and need to cancel, please contact us 24 hours in advance of the scheduled make-up.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_